



BTEC Level 3 Extended Diploma Sport and Exercise Science

WHY TAKE THIS COURSE?

This course is designed to be a highly specialist work-related qualification that examines the more scientific side of sport. You will study anatomy and physiology in considerable depth and also be required to apply this knowledge to your own research project. Successful students progress to University or careers in teaching, exercise science, sports injuries and health promotion.

WHAT WILL I STUDY?

During the course you will study a range of topics to give you an insight into the world of sport and exercise science. They include; sports psychology, anatomy and physiology, sports nutrition, sport and exercise science project, sports injuries, fitness testing, sports biomechanics and research methods.

HOW WILL I BE ASSESSED?

Your tutors will mainly set assignments for you to complete. However, other assessment methods are used, such as practical observations, timed assignments under exam conditions, interviews and short tests. You will be expected to complete much of the assignment work in your own time. You will receive plenty of feedback on how you are progressing and how to improve throughout the course. You will be given grades for each unit of Pass, Merit, Distinction or Distinction*. There are a total of 18 units.

WHAT SKILLS AND SPECIAL QUALIFICATIONS DO I NEED?

The course is designed to develop your range of skills and techniques, personal qualities and attitudes essential for career development in sport specific employment or higher education. We aim to provide you with an interesting programme that is intellectually challenging. The course will be delivered via tutorials, laboratory work, visits and practical sessions. We will encourage you to work independently and take responsibility for your own learning. You will need to have at least 5 GCSEs grades A* - C or equivalent (including a Science). A BTEC Level 2 completed at school should be at Merit standard.

WHAT CAN I DO NEXT?

Your BTEC final grade is converted directly to UCAS points in the same way as A Level qualifications. Many students choose to continue their studies in higher education. Previous students have gained places on degree courses in Sport Science, Physical Education (QTS), Physiotherapy, Sports Injury Management, Sports Therapy, Sports Nutrition and other sports related degrees. Other students choose to enter into full time employment in the sports industry.

PRIESTLEY EXTRA

Throughout the course you will have the opportunity to undertake a variety of sports coaching qualifications, sports leader awards, residential experiences and a range of practical activities.