



BTEC Level 3 Extended Diploma Sport, Performance and Excellence

WHY TAKE THIS COURSE?

This is a fantastic opportunity for you to study sport and explore the in-depth aspects of how we can improve performance from an elite level perspective. The course is a mix of theory and practical performance and to be eligible to qualify for the course you must be currently performing at an elite level, e.g. academy, county, district or National level in any sport. Your knowledge from this sport will be directly applied to your studies. It combines scientific and vocational units that will help you reach your full performance potential and prepare you for the workplace or University. We are able to cater for performers who need to attend external training camps via the use of the College 'Moodle'/internet system.

WHAT WILL I STUDY?

Units are all based around sport and cover a wide range of topics. Some of the units you will study include; the body in action, psychology for sports performance, technical and tactical skills in sport, sports coaching, exercise and fitness testing, the athlete's lifestyle and instructing physical activity.

HOW WILL I BE ASSESSED?

Your tutors will mainly set assignments for you to complete. However, other assessment methods are used, such as practical observations, timed assignments under exam conditions, interviews and short tests. You will be expected to complete much of the assignment work in your own time. You will receive plenty of feedback on how you are progressing and how to improve throughout the course. You will be given grades for each unit of Pass, Merit, Distinction or Distinction*. There are a total of 18 units.

WHAT SKILLS AND SPECIAL QUALIFICATIONS DO I NEED?

The course is designed to develop your range of skills and techniques, personal qualities and attitudes essential for career development in sport specific employment or Higher Education. We aim to provide you with an interesting programme that is intellectually challenging. The course will be delivered via tutorials, laboratory work, visits and practical sessions. We will encourage you to work independently and take responsibility for your own learning. You will need to have at least 5 GCSEs grades A* - C or equivalent. You will be expected to excel in a particular sport and be currently competing at county level or equivalent.

WHAT CAN I DO NEXT?

Your BTEC final grade is converted directly to UCAS points in the same way as A level qualifications. Many students choose to continue their studies in Higher Education. Previous students have gained places on degree courses in Sport Science, Physical Education (QTS), Sports Injury Management, Sports Therapy, Sports Nutrition and other sports related degrees. Other students choose to enter into full time employment in the sports industry.

PRIESTLEY EXTRA

Throughout the course you will have the opportunity to undertake a variety of sports coaching qualifications, sports leader awards, residential experiences and a range of practical activities.